

**mobileDOCTOR by guard.me** allows you to connect with Canadian doctors on Maple as a part of your health benefits. Maple provides access to doctors, Canada wide, on your phone or laptop any time, anywhere.

Seeing a doctor on Maple is safe and reliable, and can help prevent the need to go to a walk-in clinic or Emergency Room.

## **How it Works**



1. Sign up at guard.me/mobiledoctor You will need your policy number and date of birth

### 2. Describe your symptoms

Click the "See the doctor" button. One of our doctors will review your request and respond in minutes.



### 3. Chat with a doctor

Next, you'll be connected to the doctor. You can have your consultation by text, video or audio chat.

# What Can Be Treated

- Asthma
- Cold & Flu
- Coughs
- Earaches
- Hives
- Infections
- Migraines
- Pink Eye
- Sinus Infections
- Sore Throat
- Urinary Tract Infections
- Vomiting / Diarrhea

### AND MANY MORE



#### 4. Get a diagnosis or prescription

Doctors can diagnose and provide prescriptions as necessary during your consultation.

### Sign up now at guard.me/mobiledoctor

INNOVATION WHEN IT MATTERS. COMPASSION WHERE IT COUNTS.

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